

Meal Maker Kit

Shopping List

Please only include non-perishable items. Please avoid glass items and pack all items inside a sturdy bag. Feeds a family of four. For more information contact Andrea Minton at aminton@ccharities.com.

- Box Spaghetti (16 oz)
- Pasta Sauce (24 oz or larger)
- Mushrooms (1 can; 4 oz)
- Garlic Powder
- Grated Parmesan Cheese (3 oz)
- Green Beans (2 cans; 14.5 oz each)

Optional:

- Non-perishable sesame breadsticks
- Italian cookies or canned fruit for dessert
- Drink mix



Additional Information

- Cost to fill this Meal Maker Kit is approximately \$10.00 when purchasing ingredients shown on the left from Aldi's. Optional items listed have not been included in this price.
- Place all items in a bag and attach the recipe below to the bag.
- Include a card or message of Hope to the recipient. If you have children, this would be a great way for them to participate.
- The Serve & Lift Center will provide any perishable items should the client request it for this recipe, and if available.
- Meal Maker Kits may be dropped off Monday – Thursday, 8:30 am – 3:30 pm at 8001 Longview Road, Kansas City, MO.

Spaghetti Dinner with Green Beans Side Dish

Ingredients:

- Spaghetti (16 oz)
- Pasta Sauce (24 oz)
- Mushrooms (1 can; 4 oz), drained & rinsed
- Garlic Powder to taste
- Grated Parmesan Cheese
- Green Beans (2 cans; 14.5 oz each) - side dish

Directions:

Pasta

Bring 4-5 quarts of lightly salted water to boil. Add the pasta to boiling water and cook for 8-10 minutes or until tender (do not overcook). Drain pasta and sprinkle lightly with garlic powder.

Mushroom Marinara Sauce

In a medium saucepan, add drained and rinsed mushrooms, pasta sauce, a shake or two of garlic powder, and a few shakes of parmesan cheese. Warm over medium-high heat until bubbling at the edges. Top pasta with mushroom pasta sauce and grated parmesan cheese.

Heat green beans for side dish.