



ST. ROBERTS MENTAL HEALTH MINISTRY KICK OFF EVENT



ANNA JETT, MS, LMFT

Center for Healing

SATURDAY,
MAY 20TH, 5:30 PM
PARISH HALL

4313 SW STATE ROUTE 7 HWY, BLUE SPRINGS, MO 64014

HOW TO ADVOCATE FOR SELF AND LOVED ONES WITH POOR MENTAL HEALTH; HOW TO BREAK THE MENTAL HEALTH STIGMA; WHAT MODALITIES OF TREATMENT MIGHT BE BEST FOR ME; AND HOW TO RECOGNIZE SIGNS OF MENTAL ILLNESS